# Kaiser Permanente: Integrated Value Based Care Model

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Executive Dental Director

Permanente Dental Associates



#### Who we are







- Dental Service Agreement (DSA)
- Memorandum of Understanding (MOU) Annual Contract
- Global Payment



#### KP Membership / Permanente Physician Groups / Permanente Dental Group

- **12,000,000** medical members
- 278,000 Dental members in NW (Oregon & SW Washington)
- 606,000 Medical members in the NW region
- 90% Dental members also have KP Medical coverage
- 8 autonomous KP regions (Colorado, Hawaii, Georgia, Mid-Atlantic, Northern California, Southern California, Oregon and Washington)
- **8** autonomous Permanente physician groups
- 1 autonomous Permanente dental group (Pacific NW)



## Multi-Specialty Group Practice



**TOTAL Clinicians: 160** 

- 120 GENERAL DENTISTS
- **■** 35 SPECIALISTS
  - Endo 5
  - OMFS 4
  - Ortho8
  - Perio 6
  - Pedo 9
  - Pros 1
  - TMD 2
- 5 Denturist



# Ownership Model

42

Associates

111

Shareholders

9 YEARS

Average Tenure

11 YEARS

> 1 Year w/ PDA



## PDA Philosophical Model of Care

## **Permanente Dentistry**

Ethical, Evidence Based, Integrated with a relentless pursuit of quality and patient safety.

#### What is Permanente Dentistry?™

- Ethical treatment: Providing the right care for our patients.
- Evidence-based care: Using the best available peer reviewed literature to define our approach to care.
- Integrated treatment: Considering the total health of our patients, starting with their smile.
- Relentless pursuit of quality of care and patient safety.



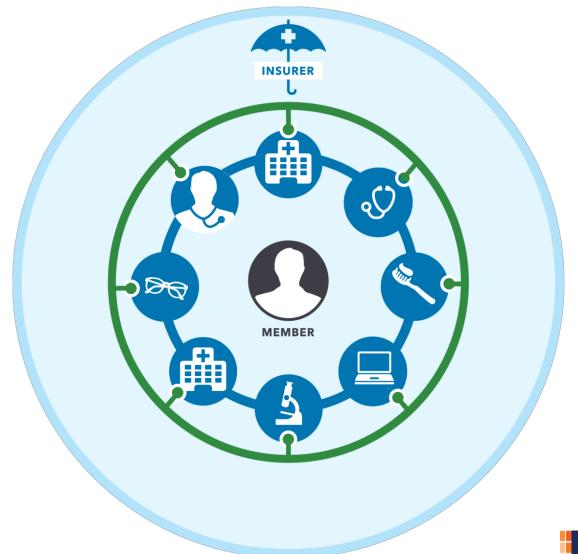


## **Care and Coverage**

# What Makes Kaiser Permanente Unique: *Vertical Integration*

#### **Our Mission**

We exist to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.





#### **BACKGROUND: DENTAL PROGRAM**



21 offices

Eugene, OR - Longview, WA

Coming Summer 2019 Salem Keizer Dental Office 160 dentists

#### General care

All Offices

#### Specialty care

Select Offices Orthodontics, Endodontics, Oral Surgery, Periodontics

#### **Emergency and**

**urgent** dental care available 24 hours a day, 7 days a week

# Saturday appointments

available at select locations for dental cleanings



#### Kaiser Dental Clinics within Health Centers









- Beaverton
- Salmon Creek
- Tanasbourne
- Longview



## Kaiser Dental Office Adjacent to Medical Office









- Skyline
- N. Lancaster
- Cascade Park
- Clackamas



#### Stand-Alone Dental Offices























- Aloha
- Eastmoreland
- Glisan
- Grand
- Gresham
- Johnson Creek
- N. Interstate
- Oregon City
- Rockwood
- Tigard
- Valley River



## School-Based Dental/Medical Office



- Faubion
  - Portland Public Schools
  - Concordia University
  - Kaiser Permanente
- 3 to PhD



# Physician Embedded in Dental Office



Cedar Hills



# **JOURNEY OF INTEGRATION**

#### Dec 15, Early Late Late 2018 2017 1980's 1990's 2000's 2016 Blood • Embedded Passive • Patient-Integrated Oral Health HER (Epic) Referrals to Friendly LPM/MA Care Gaps Pressure Care Gaps and Advice Health **Pilots** Slip **Monitors**



# Blood Pressure Advice Slip

#### Blood Pressure Advice Slip

Date:	Your Blood Pressure today is:		

Range, mmHG	Classification	Recommended Follow Up*	
Less than 120	Normal	Recheck in 2 years	
120-139	Prehypertension	Lifestyle modifications** and recheck annually	
140-159	Stage 1 Hypertension	Medical consult within 2 months and Lifestyle modifications**	
160-179		Medical consult within 1 month	
180-209***	Stage 2 Hypertension	Medical consult within 1 week	
Greater than 210		Seek medical care immediately	

Diastolic (Heart Relaxed)-Second Number			
Range, mmHG	Classification	Recommended Follow Up*	
Less than 80	Normal	Recheck in 2 years	
80-89	Prehypertension	Lifestyle modifications** and recheck annually	
90-99	Stage I Hypertension	Medical consult within 2 months and Lifestyle modifications**	
100-109		Medical consult within 1 month	
110-119***	Stage 2 Hypertension	Medical consult within 1 week	
Greater than 120	Section 1	Seek medical care immediately	

<sup>\*</sup>If systolic and diastolic categories are different, follow recommendations for shorter follow up.



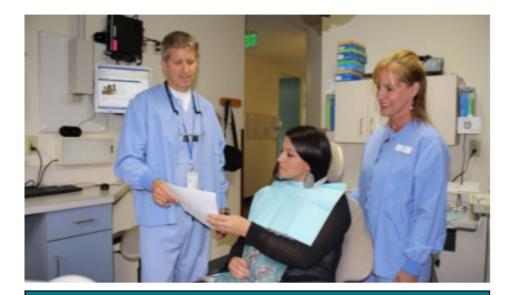
<sup>\*\*</sup>Lifestyle modifications include: maintaining normal body weight, regular aerobic exercise, sodium reduction to 2.4gm/day, DASH eating plan (reduced saturated and total fat intake, coupled with increased intake of fruits, vegetables, and low-fat dairy products), tobacco cessation, and moderation of alcohol consumption. These recommendations are beneficial for all persons. More information available through Health Education Services at 503-286-6816 for Portland; all other areas 866-301-3866.

<sup>\*\*\*</sup>Consider immediate medical evaluation if medical risk factors present.

#### **Tobacco Cessation Referrals**



#### **Patient Support Tool**



#### **Patient Support Tool**

USING ORAL HEALTH PROVIDERS AS EXTENDERS OF PRIMARY CARE TO IMPROVE HEALTH OUTCOMES

KAISER PERMANENTE.

Name: DEMO1010481157 MRN: 010481157

Primary Care Physician: DEMO DOC1 (ABCDE)

Managing your health is important to us. This is a personalized summary of your health care needs. It is also a reminder of how important it is to keep up to date with medical tests and health screenings. Having regular tests and screening can help you avoid many health problems, and will help you and your health care team to better manage any existing problems.

Our records indicate you are due for the following:

Lab Tests - please bring this paper order with you to any Kaiser Permanente lab. Most medical offices provide laboratory services between 8 a.m. and 5 p.m. Monday through Friday

Test	About this test	Test code - for lab use
Blood tests		
Diabetes monitoring test (HbA1c)	This test measures average blood glucose levels. Generally lower levels are better, and for most patients a level under 7 is best.	A1C
Cholesterol Profile (Lipid Panel)	Adults with diabetes or atherosclerosis (hardening of the arteries) have fewer heart attacks and strokes if their LDL cholesterol level is less than 100.	FAS
Urine/stool tests		
Diabetes kidney function test (MicroAlb/Cr)	This test can detect protein in your urine which can be an early indication of diabetic kidney disease. Early treatment of this disease can prevent serious problems.	UMS

Due dates for tests and screenings may vary from person to person depending upon age, general health, and other factors as determined by your dinician.

Questions about this letter? Cail us Monday through Friday, 8 a.m. to 5 p.m.
All areas 1-800-813-2000
TTY 1-800-735-2900
Language interpretation services 1-800-324-8010
You may also log on to kp.org to send a secure message to Membership Services.



## Diabetic Care Gaps Closure Rate 2018

## Diabetic Care Gap Closure Rate (MOU Measurement)

December 2018

#### **Program Summary**

YTD Denominator: 8,542

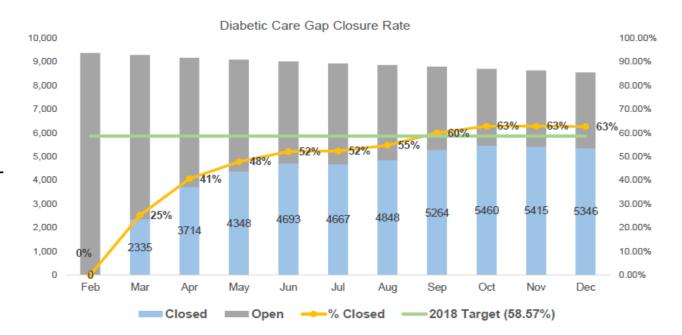
YTD Closed: 5,346

% Care Gap Closure 62.58%

#### Members w/ Dental visits vs. no Dental visit

	Denom	Closed	%closed
<b>Had Dental Visit</b>	4602	3131	68.0%
No Dental Visit	3962	2225	56.2%
*Dental Visit within current year.			

Percentage Closed by Clinic Panel

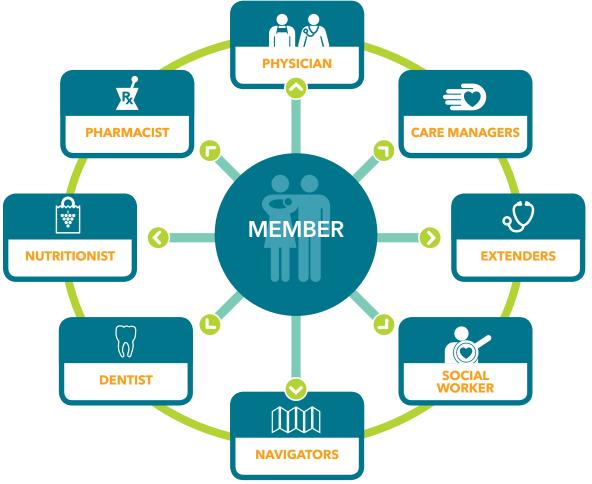




## Fully Integrated Electronic Health Record

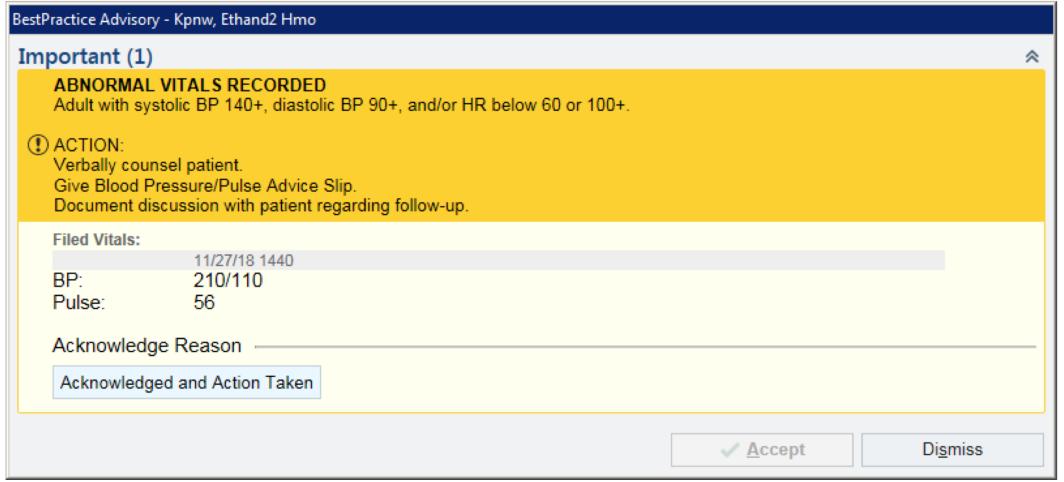


Dental providers are part of the care team and extenders of primary care





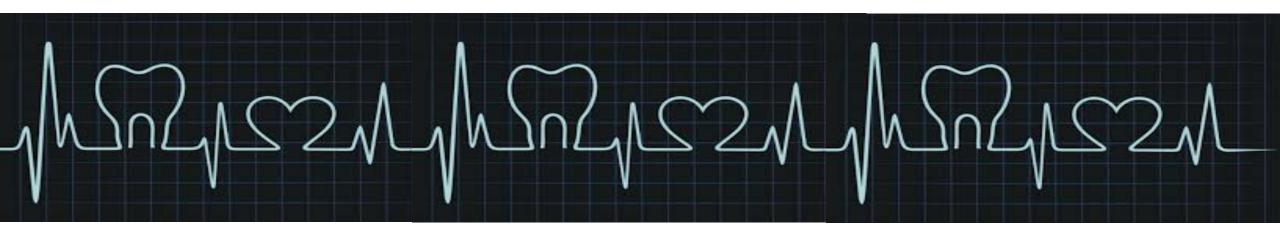
# Best Practice Advisory Blood Pressure





### **Reimagining Care Teams**

Collaborating and talking across divides: Sharing responsibility for our members' total health





### Cedar Hills Dental and Medical Office - 2016





# Cedar Hills Dental and Medical Office Stats - 2018 Snapshot -

- Members who visit the Cedar Hills Dental and Medical Office have a higher rate of addressing their preventive care gaps than members at other <u>co-located offices</u>.
  - 110% more likely to receive child flu immunization
  - 81% more likely to receive the child HPV vaccination
  - 114% more likely to receive an adult physical
  - 160% more likely to receive a cervical cancer screening



# **MDI Pilots**

		Salmon Creek	Beaverton	Glisan
		Co-located Medical & Dental Office	Co-located Medical & Dental Office	Stand Alone Dental Office
	Enhanced Care Coordination by Dental Team	✓		
People	Embedded LPN		✓	✓
	Facilitated on-site care gap closure	<b>✓</b>		
	Completed on-site care gap closure		✓	✓
	Proactive fishing for care gap closure opportunities		✓	✓
	On-site referrals/coordination for chronic diseases	✓	✓	
Process	Off-site referrals for chronic diseases			✓
<b>◎</b> T	Health connect Optimization	<b>✓</b>	✓	✓
	Modified Med Prep Area			✓ ·
Infrastructure/Place	Coordination with Lab	<b>✓</b>	<b>✓</b>	

Model 1

Model 2

Model 3



#### Flu Shots in Dental



194 Shots in dental after flu clinic





24% of the members receiving flu shots were above the age of 65



#### Service

171 members didn't have an appointment and came to dental for the flu shot

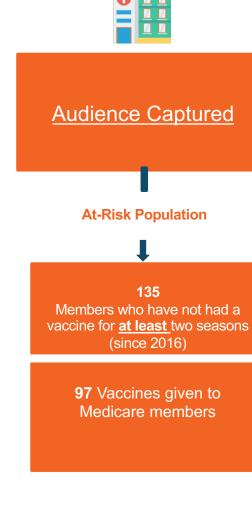
Member Comments:

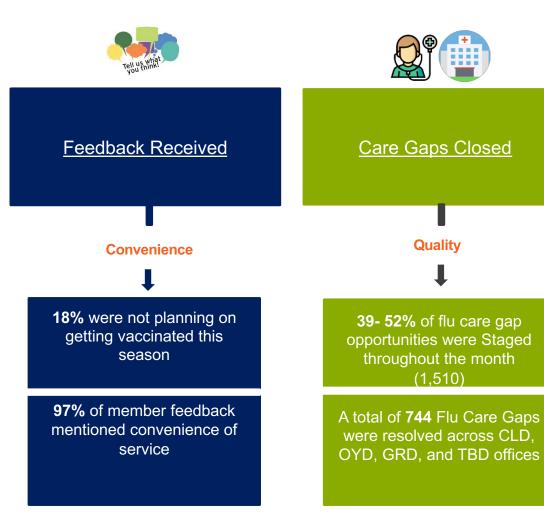
"My child had a dental cleaning today and we both took advantage of the flu shot clinic. Super convenient!!"

"This is a great service. Now I don't have to go to Sunnyside"

Flu Vaccine Implementation in Dental Offices 2018 (CLD,OYD,GRD,TBD)

> 10/8- 10/19 70% Staffed Shifts









## Oral Health Care Gaps

- Introduced oral healthcare gaps pilot 2017
  - Diabetics without periodontal treatment in last 15 months
  - >12 month old children that have not had their first visit to pediatric dentist

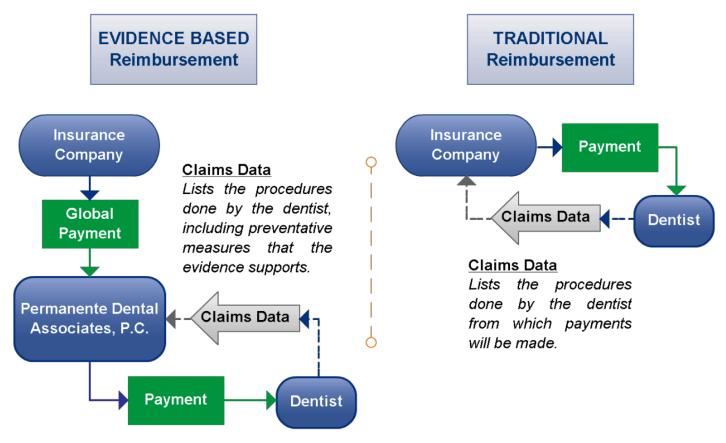




# VALUE BASED COMPENSATION

## Value Based Compensation

Per Member / Per Month (PM/PM) Global Payment



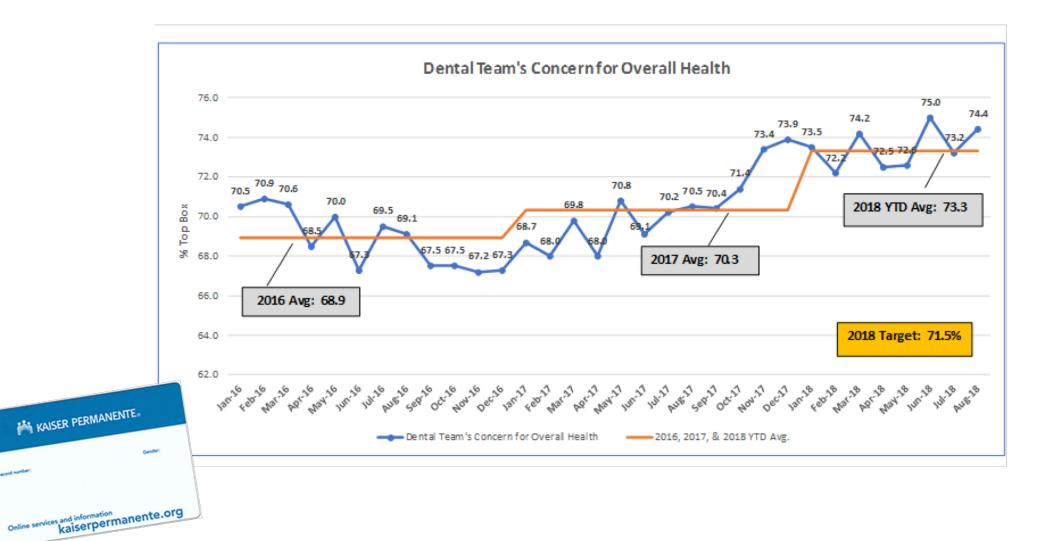


## Value-Based Compensation Model

- Financial recognition focuses on the overall dental office individual performance.
  - Patient Experience
  - Integrated Care



### "Dental Team's Concern for Overall Health"





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Kaiser Permanente Dental

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Diabetic Care Gap Closure Rate 10,000 100.00% 9.000 90.00% 8.000 80.00% 70.00% 7,000 63% 63% 63%<sub>60.00%</sub> 6,000 52% 52% 55% 48% 5,000 50.00% 41% 4,000 40.00% 3,000 30.00% 5460 5415 25% 2,000 20.00% 1,000 10.00% 0.00% Jul Sep Oct Nov Feb Mar May Dec Apr Jun Aug Open -- % Closed --2018 Target (58.57%)

Percentage Closed by Clinic Panel



# IN SUMMARY...

#### **MDI VISION**

# Provide an integrated medical and dental experience that is a new standard for high-quality, convenient and affordable health care.

#### Experienced by:

- Our members have their total health needs addressed when they visit Kaiser Permanente
- Members receive **coordinated care** and **greater value** when they choose us for medical and dental coverage
- Meeting the needs of members is easier because bridges have been built between departments
- Medical and dental share responsibility for the member's total health



## Essential Elements of our Integrated Care Model

**Shared Total Health Philosophy** Shared Population: Medical and Dental **Co-located Facilities Shared Informatics Platform Global Payment** 

