

Role of the Oral Health Workforce in the Health Care Value Equation

Beth Mertz, PhD, MA Professor, UCSF School of Dentistry January 24-25, 2019

American Institute of Dental Public Health 2019 Colloquium San Antonio, TX

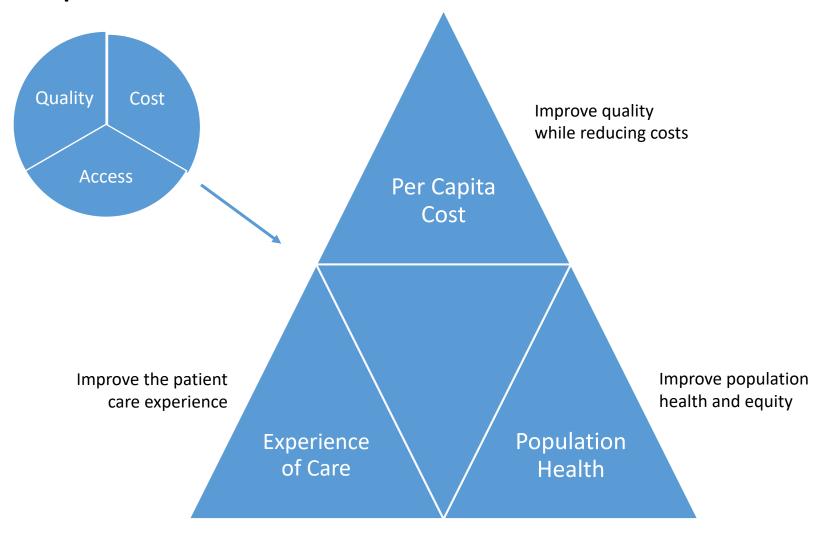
Learning Objectives

- 1. Identify the drivers, incentives workforce elements and organizational components of the value equation
- Review key historical elements of the dental-medical divide and the challenge of externalities
- Describe organizational design approaches to reorient workers and workflow to the value approach
- Workforce implications of health care redesign efforts
- 5. Explore changing dental workforce models and their impact on the health care value equation
- 6. Examine specific case examples of oral health workforce innovations and their impact on improving value

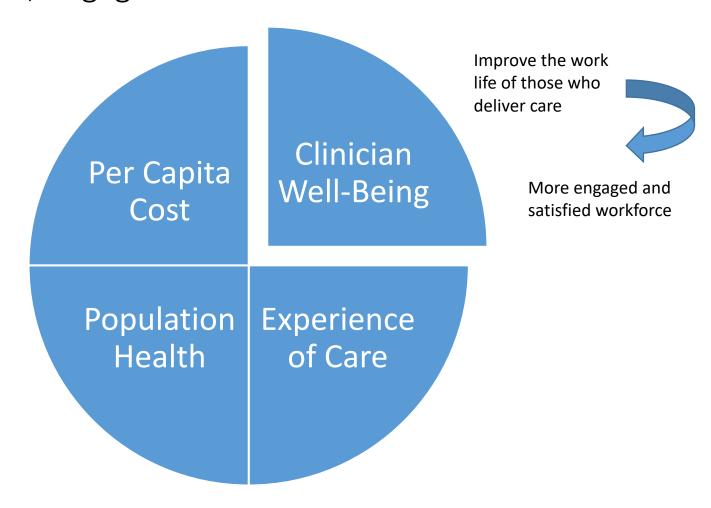
Context & Definitions

1. Identify the drivers, incentives, workforce elements and organizational components of the value equation

Triple Aim: Better Care, Better Health, Lower Costs



Quadruple Aim: Better Care, Better Health, Lower Costs, Engaged Workforce



Value Equation in Health Care**



Health outcome achieved per dollar spent*
 <u>Hypothesis:</u> If value improves, then patients, payers, providers, and suppliers can all benefit while the economic sustainability of the health care system increases.

^{*}Porter, M. (2010) What is Value in Health Care. NEJM. 363:2477-2481. https://www.nejm.org/doi/full/10.1056/NEJMp1011024

^{**}https://uofuhealth.utah.edu/value/value-equation.php

Value Equation in Health Care**



What the

workforce

does





of Care

How the

workforce

works

together

- Health outcome achieved per dollar spent*
 - Equation princip Shift from
 - Defined arou production
 - Depends on retain to quality to these ends
 - Shifts focus from volume to value
 - Outcomes are condition specific and
 - In equation above outcomes are represent and Patient Experience
 - Re: Porter quality usually means <u>adherence to eviden</u> guidelines, and quality measurement focuses overwh care processes.
 - Costs refer to full cycle of care, not individual service.
 - Value for the patient is created by <u>providers' combined effects</u> over the full cycle of care.

^{*}Porter, M. (2010) What is Value in Health Care. NEJM. 363:2477-2481. https://www.nejm.org/doi/full/10.1056/NEJMp1011024

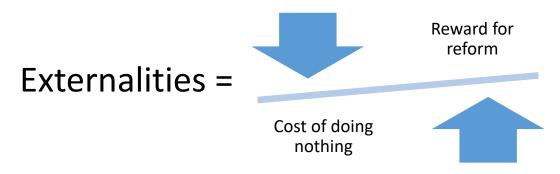
^{**}https://uofuhealth.utah.edu/value/value-equation.php

Value of/in Dentistry

2. Review key historical elements of the dentalmedical divide and the challenge of externalities

Historical separation across all sectors

- Workforce and education
- Delivery system
- Insurance design and coverage
- Federal and state policy
- Scientific discovery and research
- Technology and infrastructure



Value in Integration vs. Value in Separation?

Integration: promises to improve patient experience and outcomes through better screening, referral and coordination of care while reducing overall costs through better prevention and early treatment

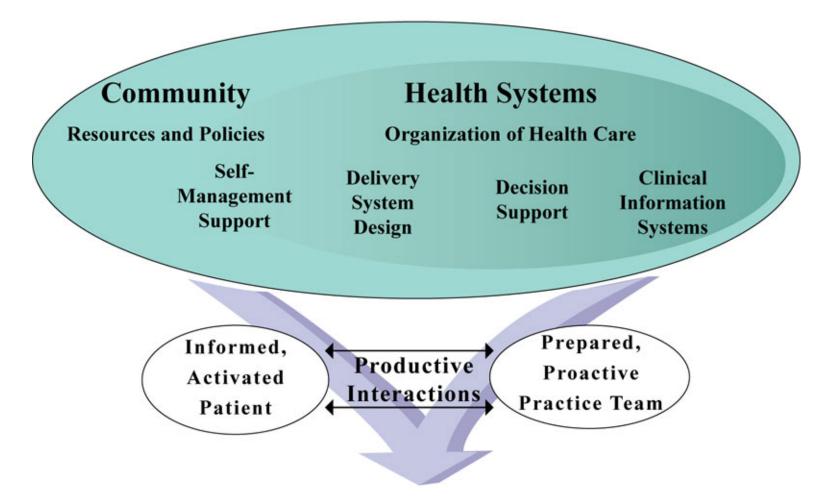
 Few good models in direct health service delivery, better success in public health Separation: adopt policy approaches from medical or behavioral health and transport them to the dental field to drive value



System-level reorganization of work

3. Describe organizational design approaches to reorient workers and workflow to the value approach

Chronic care model



Improved Outcomes

Figure. Explanatory model of factors influencing early childhood caries (ECC) chronic disease management (CDM) strategies by parents. Social Determinants of Health including minority status, immigration status, age, family structure, socio-economic status, income, literacy etc. **Executive Function** Parent Outcome †‡ Facilitators ** Expectations Knowledge and Physical: no new cavities, skills regarding avoid general anesthesia etc. ECC CDM Action Behavioral Intention SI Social: peer recognition for Implementation 51 **ECC Consequences** Oral Health Status to manage ECC positive parenting To manage ECC through diet & Intention Self-evaluative: feel good tooth brushing about self with fluoride toothpastes Barriers *†‡ Self-Efficacy*† to manage diet Environmental, & tooth brushing with fluoride socio-structural, logistic, & Normative beliefs*† about oral temporal barriers

- * Social cognitive theory.
- § Analysis of implementation intentions.

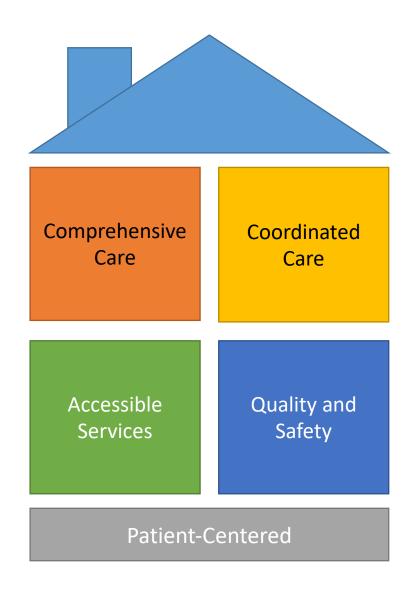
health, caries, diet, fluoride

- † Theory of planned behavior.
- I Readiness to change.

‡ Health belief model.

Cues to Action ‡

Patient-centered medical homes



 The medical home encompasses five functions and attributes: comprehensive care, patient-centered, coordinated care, accessible services, quality and safety

Patient-Centered Dental Home

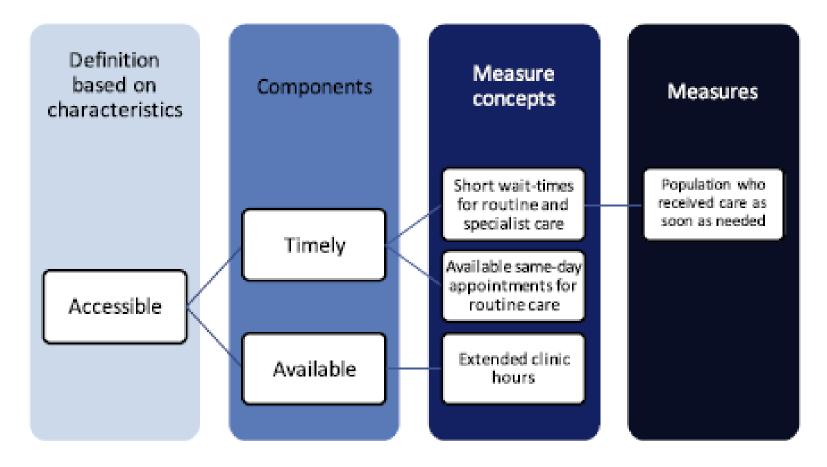


FIGURE 1 Four-level framework used for PCDH model development [Colour figure can be viewed at wileyonlinelibrary com]

Damiano P, Reynolds J, Herndon JB, McKernan S, Kuthy R. The patient-centered dental home: A standardized definition for quality assessment, improvement, and integration. *Health services research*. 2018.

Accountable Care Organizations



Dental in ACOs?

- Rationale is strong to include from patient, cost and overall health perspective
- Biggest limitation is lack of integrated health information technology
- As of 2016, only 14% of ACO's surveyed had any responsibility for dental
 - Colla CH, Stachowski C, Kundu S, Harris B, Kennedy G, Vujicic M. Dental care within accountable care organizations: challenges and opportunities. Health Policy Institute Research Brief. American Dental Association in partnership with The Dartmouth Institute for Health Policy & Clinical Practice. March 2016. Available from: http://www.ada.org/~/media/ADA/Science%20and%20Research/HPI/Files/HPIBrief 0316 2.pdf.
 - Blue C, Riggs S. Oral Health Care Delivery Within the Accountable Care Organization. The journal of evidence-based dental practice. 2016;16 Suppl:52-58.
 - Mayberry ME. Accountable Care Organizations and Oral Health Accountability. *American journal of public health.* 2017;107(S1):S61-S64.

Table 3: ACO Organizational Characteristics by Dental Service Inclusion Status in Largest Commercial or Medicaid Contract

	ACOs with Dental Services (N= 31)	ACOs without Dental Services (N= 184)			
ACO Structure					
Hospital	71%	70%			
Specialty group	61%	59%			
Federally Qualified Health Center	45%*	25%			
Nursing facility	35%	23%			
Public Hospital	29%	14%			
Services Included in ACO Total Cost of Care Calculation					
Vision, Hearing, Speech	81%*	56%			
Mental Health/Substance Abuse	71%*	61%			
Leadership Structure					
Physician-led	45%	47%			
Other arrangement ²	55%	53%			
Mean Number of Full-Time Equivalents (FTEs)					
Primary care providers	239	199			
Specialists	236	353			
Mean Number of Services Provided	4.9	4.8			

Note: ACOs were asked if they were contractually responsible for the cost and quality of dental services in their largest commercial contract or Medicaid contract across all three survey waves. We analyze the organizational characteristics based on an ACO's contractual responsibility across all three waves' respondents. The unit of analysis in this table is an ACO. ACOs that contain both commercial and Medicaid contract are only counted once based on overall dental inclusion or exclusion. *p value <0.05.

• Colla CH, Stachowski C, Kundu S, Harris B, Kennedy G, Vujicic M. Dental care within accountable care organizations: challenges and opportunities. Health Policy Institute Research Brief. American Dental Association in partnership with The Dartmouth Institute for Health Policy & Clinical Practice. March 2016. Available from: http://www.ada.org/~/media/ADA/Science%20and%20Research/HPI/Files/HPIBrief 0316 2.pdf.

Health workforce approaches and implications

4. Workforce implications of health care redesign efforts

Examples of strategies include:

- Patient Navigation/Care Coordination
- Team reorientation: comprehensive, coordinated, collaborative, care models.
- IT /Measurement Integration/e-Health
- Working top of license/scope
- Home & community based services

Dental workforce implications of adapting to value-based payment models

5. Explore changing dental workforce models and their impact on the health care value equation









CATEGORY 4

POPULATION -

BASED PAYMENT

CATEGORY 1

FEE FOR SERVICE -NO LINK TO QUALITY & VALUE

CATEGORY 2

FEE FOR SERVICE -LINK TO QUALITY & VALUE

ARCHITECTURE

CATEGORY 3

APMS BUILT ON

FEE-FOR-SERVICE

APMs with Shared Savings

(e.g., shared savings with upside risk only)

B

APMs with Shared Savings and Downside Risk

(e.g., episode-based payments for procedures and comprehensive payments with upside and downside risk)

Condition-Specific Population-Based Payment

(e.g., per member per month payments, payments for specialty services, such as oncology or mental health)

Comprehensive Population-Based Payment

(e.g., global budgets or full/percent of premium payments)

Integrated Finance & Delivery System

(e.g., global budgets or full/percent of premium payments in integrated systems)

Foundational Payments for Infrastructure & Operations

(e.g., care coordination fees and payments for HIT investments)

В

Pay for Reporting

(e.g., bonuses for reporting data or penalties for not reporting data)

Pay-for-Performance

(e.g., bonuses for quality performance)

The MITRE Corporation. 2017. Alternative Payment Model Framework: Refresh for 2017. http://hcplan.org/workproducts/apm-refresh-whitepaper-final.pdf

3N

Risk Based Payments NOT Linked to Quality

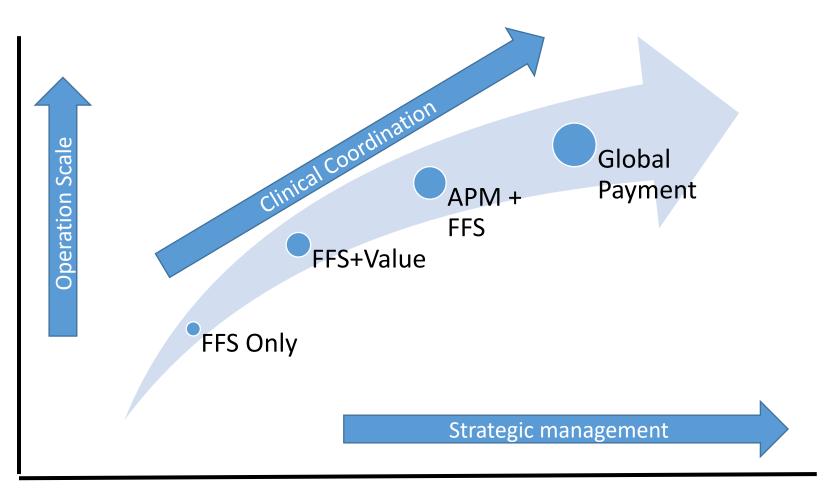
4N Capitated Payments NOT Linked to Quality

Workforce redesign (?)

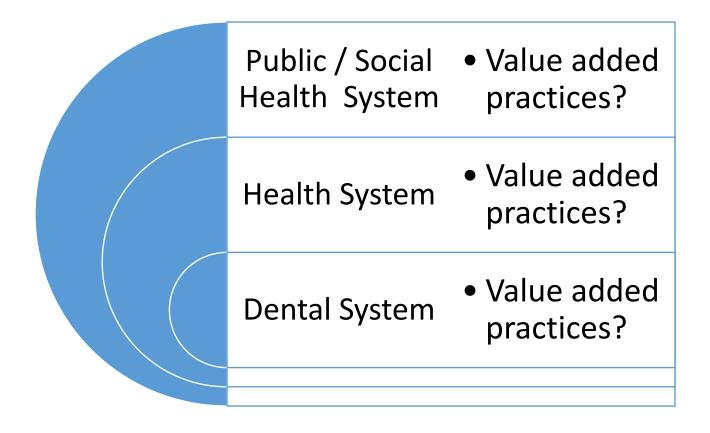
What skills can be retooled from existing staff models, and what is new?

	Level 1: FFS	Level 2: FFS+Value	Level 3: APM + FFS	Level 4: Global
Dental-only implications	None	Clinical management, IT for data capture, central administration	L2 + Strategic risk management, IT for data analytics, contract lawyers, care coordination	L3+internal incentive structure for teams, clinical decision support to meet population health goals
Dental-Medical integration implications	Referral Only	Capturing and reporting outcomes in broader health context	L2+ Shared risk management & care coordination	L3+ shared accountability for health and dental outcomes
Social-health integration implications	Referral Only	Capturing social determinant data	L2+Redesigning risk management & coordination	L3+??

Workforce transitions in <u>dental</u> <u>care</u> redesign



Value: Leveling Up

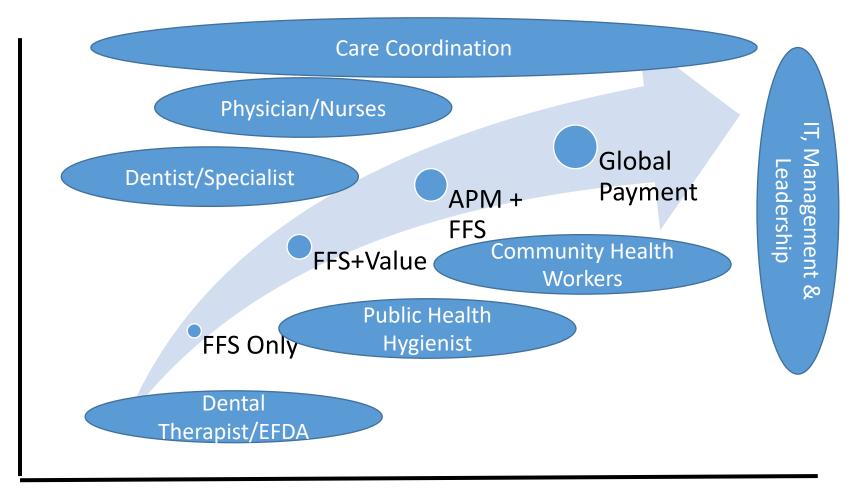


Do value added practices at one level also contribute at the next?

Emerging Dental Care Providers

- Dental Therapist
 - Alaskan Dental Health Aide (DHAT)
 - Dental Therapist / Advanced Dental Therapists (DT / ADT)
 - Advanced Dental Hygiene Practitioner (ADHP) = ADT + RDH
- Dental Hygienists in Alternative (RDHAP), Public Health, or Direct Access Practice
 - Also can have expanded function (restorative, e.g., Oregon)
- Extended Function Dental Assistant (EFDA)
 - CA: Dental Sedation Assistant and Orthodontic Assistant Permit Holders
- Community Dental Health Coordinator (CDHC)
 - Primary roles are to connect patients to dentists and provide communitybased preventive education
 - Alternative variations are community health workers or social workers who add dental to case load
 - In Tribal system have Primary Dental Health Aide (PDHA)
- Primary Care (MD, NP, PA etc) & Public Health Practice (PHNs,)

Workforce transitions in <u>oral</u> <u>health care</u> redesign



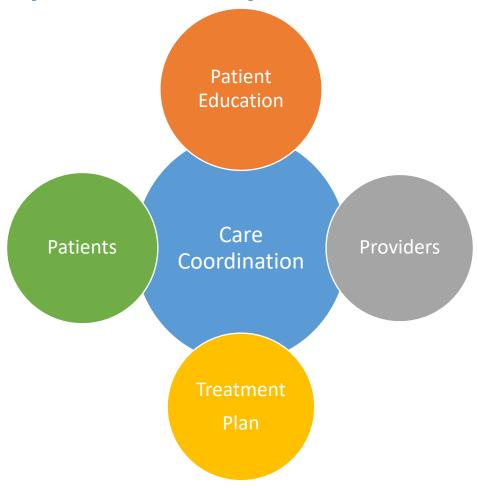
Cycle of Isolation



Care Coordination

6. Examine specific case example of oral health workforce innovations and their impact on improving value

Background: Care Coordination Limited examples in dentistry





Site & Target Population

- Prevention-focused dental accountable care organization
- Founded in 1970 with 51 clinics across 3 states currently
- Capacity to do health systems research
 - Infrastructure
 - EHR, diagnostic terminology
 - Clinic decision support tools
 - CAMBRA, PEMBRA (caries and periodontal management by risk assessment)
- 25% at high/extreme risk for caries
- 10% at high/extreme risk for periodontal disease





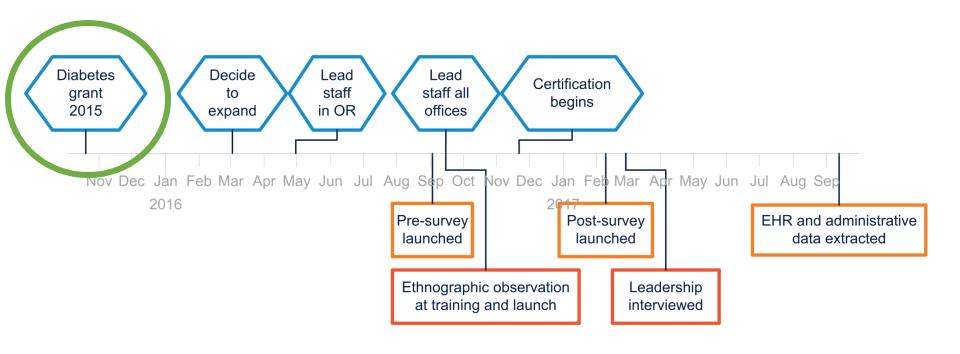


Pilot: Dental-Medical Diabetes Management and Care Coordination

- Grant funding was used for: training Care Advocates, providing clinical products not covered by insurance, shared savings for members with improved health, administration
- 55 WDG members completed the 2-year program
- Costs declined by \$729/member year over year
- Total visits year to year decreased by 55%, with 75% fewer office visits, 57% fewer in patient stays
- Care advocates report better personal connections with patients, increased patient engagement, and positive changes in patients' perceptions of dental care

Implementation Process & Timeline

Care coordination idea grew from grant to improve diabetic patients' oral health





Defining the Care Advocate Role

In addition to checking patients in/out and reviewing follow up care, care advocates are now:

- Trained in more extensive dental care knowledge and motivational interviewing
- Managing high risk patients
- Supporting provider recommendations, prescriptions, and recalls
- Monitoring treatment completion and focusing on patient engagement
- Certified following exam and case presentation

Care Advocates Post-Implementation

116 (45%)

care advocates have been certified through September 2017 (percent of all)

926

patients have been supported by care advocates in last 6 months

64% high/extreme caries risk

21% high/extreme periodontal risk

7.7 (1-51)

average number of patients supported per care advocate over last 6 months (range)

10:1

ratio of adult to child patients in last 6 months



Conclusions

- Overall successful implementation of care advocate role, including:
 - High levels of enthusiasm by staff, managers, and clinicians
 - A comprehensive plan for roll out and training
 - Integrated EHR forms for tracking progress
- Preliminary data show the possibility of success in addressing health disparities, including:
 - A focus on supporting high risk populations
 - High/extreme risk for caries or periodontal diseases
 - Medicaid population (66% of patients supported in Oregon are publicly insured)
- Next steps:
 - Track recall rates, risk status, and outcomes over time
 - Monitor patient and provider satisfaction with new role



Key Challenges

- Quality measurement & IT/EHRs
- Evidence based practice & clinic decision support
- Professional resistance to change
- Lack of incentive intersections between dental, medical and public health to produce value
- Strategic Leadership
 - Public Health has much to offer in this space
- Public policy for oral health equity